

GROWTH MINDSET AFFIRMATIONS

**GROWTH BEGINS WITH A
POSITIVE MINDSET.**

**I COMMITTED TO LEARNING
AND EVOLVING.**

**I HONOUR MY NEED FOR
REST AND RESET.**

**MY CONTRIBUTIONS MAKE
A DIFFERENCE.**

**MY IDEAS AND VOICE
MATTER.**

**EVERY ROLE MATTERS.
EVERY PERSON COUNTS.**

**I AM WORTHY OF THE
OPPORTUNITIES COMING MY WAY.**

**PROGRESS IS MORE IMPORTANT
THAN PERFECTION.**

**I RISE BY LIFTING
OTHERS.**

**I BRING UNIQUE SKILLS AND
STRENGTHS TO THE TABLE.**