

# **GROWTH MINDSET AFFIRMATIONS**

**GROWTH BEGINS WITH A  
POSITIVE MINDSET.**

**I COMMITTED TO LEARNING  
AND EVOLVING.**

**I HONOUR MY NEED FOR  
REST AND RESET.**

**MY CONTRIBUTIONS MAKE  
A DIFFERENCE.**

**MY IDEAS AND VOICE  
MATTER.**

**EVERY ROLE MATTERS.  
EVERY PERSON COUNTS.**

**I AM WORTHY OF THE  
OPPORTUNITIES COMING MY WAY.**

**PROGRESS IS MORE IMPORTANT  
THAN PERFECTION.**

**I RISE BY LIFTING  
OTHERS.**

**I BRING UNIQUE SKILLS AND  
STRENGTHS TO THE TABLE.**